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Name _____ DOB ___/___/___ Age _____ Date _____

Primary Care Doctor _____ City _____ ___ None

Referring Physician _____ City _____ ___ Self-Refer

Insurance Indicate PRIMARY with a "1" and SECONDARY with a "2"

___ Aetna ___ BCBS ___ BCBS HMO/PHAI ___ Cigna ___ Caterpillar ___ Coventry ___ Great West ___ Health Alliance HMO ___ Health Alliance PPO ___ HealthLink ___ Medicare ___ United Health ___ Private Pay ___ Other _____

Pharmacy Information ___ 30 Day Rx Preferred ___ 90 Day Rx Preferred

Usual Pharmacy _____ Location _____

Mail-In Pharmacy _____ Location/FAX _____

Drug Allergies ___ None ___ See my DRUG ALLERGY LIST

Please include name of drug, reaction, and date: _____

Other Allergies ___ None _____

Occupation _____ How long at this job? _____

Communication of Results Our automated system will contact you by phone and e-mail, if both are provided, when your results have been reviewed (if applicable). A PIN number will be required in order to retrieve your results. You may also view all results at your leisure on the patient portal. Our staff will assist you in gaining access to the portal. Please provide:

Preferred Phone _____ Preferred E-mail _____

May we leave information about your appointments/results on the phone/e-mail? ___ Yes ___ No

Please complete the following form. Please ask our staff if you have any questions or need help.

What problems are you having at this time?

How long have you had the problem?

How many times or is it ongoing?

What problems have you had in the past?

Does anything make the symptom better or worse, such as allergy triggers?

Expectations from this medical or allergy/asthma/immunology consultation?

___ Allergy Testing _____
___ Allergy Shots _____

RECENT MEDICAL EVALUATION:

Have you ever been evaluated by an allergist/immunologist? Yes ___ No ___

Doctor's Name: _____ City/State: _____ Date last seen: _____

Have you seen an ENT surgeon? Yes ___ No ___ Have you had sinus surgery? Yes ___ No ___

Have you had any blood tests to see if you have allergies? Yes ___ No ___

Have you ever been skin tested to evaluate allergies? Yes ___ No ___

What were you allergic to?

Trees ___ Grass ___ Weeds ___ Corn Pollen ___ Cat ___ Dog ___ Dust Mites ___ Dust ___
Mold ___ Roach ___ Foods _____ Other _____

Have you ever been on allergy shots? Yes ___ No ___ Duration _____ Last Shot _____

Were shots helpful? Yes ___ No ___ Not sure _____

Did you have any reactions? No ___ Yes ___ Describe: _____

Have you had any recent blood work? No ___ Yes ___ Date? _____ Where? _____

Have you had any recent X-rays? Sinus X-ray ___ Chest X-ray ___ Sinus CT ___ Head CT ___

Chest CT ___ Other _____ Date? _____ Where? _____

What other doctors have you seen for the problem? *List name, type of doctor, date*

Did you request records from another doctor sent here? No ___ Yes ___ Office? _____

MEDICATIONS ___ See my MEDICINE LIST

List current medications or any changes/additions to your list, and reason for taking

1. _____	Reason: _____	6. _____	Reason: _____
2. _____	Reason: _____	7. _____	Reason: _____
3. _____	Reason: _____	8. _____	Reason: _____
4. _____	Reason: _____	9. _____	Reason: _____
5. _____	Reason: _____	10. _____	Reason: _____

List over-the-counter (Tylenol, Aspirin), herbals, vitamins, medicated creams, and eye drops:

1. _____ Reason: _____ 5. _____ Reason: _____
 2. _____ Reason: _____ 6. _____ Reason: _____
 3. _____ Reason: _____ 7. _____ Reason: _____
 4. _____ Reason: _____ 8. _____ Reason: _____

CURRENT MEDICAL PROBLEMS (Problem and date diagnosed)

1. _____ 5. _____
 2. _____ 6. _____
 3. _____ 7. _____
 4. _____ 8. _____

Do you have any of the following?

Condition	No	Yes **	Not Sure	How long?	Severity/Comments
Allergy/Hay fever					Mild__Moderate__Severe__
Sinusitis					Mild__Moderate__Severe__
Eye Allergy					Mild__Moderate__Severe__
Asthma					Mild__Moderate__Severe__
Emphysema/ COPD					Mild__Moderate__Severe__
Lung Disease					Mild__Moderate__Severe__
Exercise-induced asthma					Mild__Moderate__Severe__
Hives/Urticaria					Mild__Moderate__Severe__
Swelling/ Angioedema					Mild__Moderate__Severe__
Rash/Eczema					Mild__Moderate__Severe__
Contact Dermatitis					Mild__Moderate__Severe__
Food Allergy					Mild__Moderate__Severe__
Drug Allergy					Mild__Moderate__Severe__
Insect Allergy					Mild__Moderate__Severe__
Vaccine Allergy					Mild__Moderate__Severe__
Anaphylaxis					Mild__Moderate__Severe__
Immune Problems					Mild__Moderate__Severe__

Headaches					Mild__ Moderate__ Severe__
Reflux/GERD					Mild__ Moderate__ Severe__
Autoimmune disease					Mild__ Moderate__ Severe__
Other (describe) _____					Mild__ Moderate__ Severe__

**Additional Questions

PAST MEDICAL and SURGERY HISTORY ___ See my HEALTH HISTORY LIST

1. _____ 5. _____
2. _____ 6. _____
3. _____ 7. _____
4. _____ 8. _____

Blood Products: Have you ever had a transfusion/infusion? No___ Yes___ When? _____

Sex History: Are you concerned about STDs? No___ Yes___ Why? _____

Menstrual History: Regular___ Birth-control___ Post-Menopausal___ Hyst___ Irregular___ Problems___

Hospitalizations (Where, reason, date, and length of stay)

1. _____ 3. _____
2. _____ 4. _____

IMMUNIZATIONS ___ See my SHOT RECORD

Are your immunizations up to date? Yes___ No___

Last Flu Shot _____ Never___ Last Tetanus Shot _____ Unsure___

Last Pneumovax / Prevnar (Pneumonia) Shot _____ Never___ Unsure___

Shingles Shot _____ Never___ Unsure___

FAMILY HISTORY

Immediate Family (Mother, Father, Siblings, Children):

Does anyone have asthma, hay fever, eczema, rash, food allergies, drug allergies, insect allergies, hives/angioedema, recurring and/or frequent infections? Please list and comment.

Extended Family: List any relevant health or hereditary diseases that seem to occur frequently in your family (diabetes, emphysema, heart problems, thyroid, arthritis, autoimmune disease).

ENVIRONMENTAL HISTORY:

Home: House___ Apartment___ Mobile Home___ Assisted-living___ Other _____

Age of Home: _____ Foundation: Basement___ Crawl-space___ Concrete___

Heat/cooling: Central___ Base-board___ Stove___ Radiator___ Window A/C___

Humidifier? Yes___ No___ HEPA filter? Yes___ No___

Do you keep your windows open or closed during nice weather? Open___ Closed___

Bedroom: Bed Age _____ Type: Synthetic _____ Water _____ Dust Mite Cover _____
Pillow Age _____ Pillow Type: Synthetic _____ Feather _____ Dust Mite Cover _____
Flooring in bedroom: Carpet _____ Age? _____ or Hard-surface _____ Rugs _____
How many people live in the home: _____ Who lives with patient? _____
Is there a second parent's home or after-school care? _____
Are you exposed to smoke in the house? No _____ Yes _____ I smoke _____ I don't smoke _____
Who smokes, if not you? _____ In the house? _____ In the car? _____
Do you _____ Shower _____ Bathe _____ Daily _____ Every other day _____ Morning _____ Evenings?

Frequent Animal Exposure: At my house _____ At someone else's house _____
Are the pets allowed inside the bedroom? Yes _____ No _____ Whose house? _____
Dogs _____ Cats _____ Rabbits _____ Hamsters/Gerbils _____ Ferrets _____ Birds _____ Horses _____ Cattle _____
Chickens _____ Ducks _____ Deer _____ Roaches _____ Ticks _____ Fleas _____ Mosquito _____ Other _____

Are you exposed to any allergens or chemicals at work, doing hobbies, or at home? *List.*

Do you wear any protection when working outdoors or at work? *List.*

SOCIAL HISTORY

Years in Illinois: _____ Have you lived elsewhere?(Place/Time) _____

Exercise (times/week): _____ Type of exercise: _____

Seatbelt use: 100% _____ Often _____ Never _____ Helmet use: 100% _____ Often _____ Never _____

Sun exposure: Alot _____ Some _____ Rare _____ Sunscreen: Frequently _____ Rarely _____

Tobacco: Is the patient exposed to "passive smoke" from a family member? Yes _____ No _____

Social History: (Adults and Adolescents)

Caffeine (drinks/day): _____ Type: _____

Tobacco: Never _____ Yes _____ Quit _____ Quit Date _____ Chew _____ Vape _____

Average packs per day? _____ How many years did you smoke? _____

Alcohol: Never _____ Occas _____ Daily _____ Average drinks per week? _____ Type? _____

Recreational drugs: Never _____ Yes _____ Past _____ Type? _____

Social History: (If patient <12 years old)

School: Yes _____ Homeschool _____ Preschool/Daycare _____ None _____ Grade: _____

Performance: Excellent _____ Good _____ Fair _____ Poor _____ Sports/Activities: _____

Birth History: (If patient <5 years old)

Birthplace (city/state): _____ Birth Weight: _____ Full term: Yes _____ No _____

Type of birth: Vaginal _____ C-Section _____ NICU stay? _____ Ventilator? _____

Breast fed: Yes _____ No _____ If "yes", for how long: _____

Formula type: Milk _____ Soy _____ Nutramigen _____ Alimentum _____ Elecare _____ Neocate _____

List problems with breastfeeding or formula: _____

Age started solid foods: _____ List problems with food/stool: _____

Additional Comments:

ADDITIONAL ALLERGY QUESTIONNAIRE: Rhinitis, Sinusitis, Chronic Sinusitis

Do you have daily symptoms: Yes ___ No ___ Problems are: Year-Round ___ Seasonal ___

Timing: Worse than in Spring ___ Summer ___ Fall ___ Winter ___

Are your allergy symptoms: Getting worse ___ Getting better ___ Constant ___ Unchanged ___

Check all allergy symptoms:

Eyes	Ears	Nose	Sinus /Head	Throat
___ Itch	___ Itch	___ Itch	___ Facial Pain	___ Itch
___ Swelling	___ Fullness	___ Sneezing	___ Pressure	___ Drainage
___ Burning	___ Popping	___ Multiple	___ Headache	___ Mucus
___ Pain	___ Decreased	___ sneezes	___ Dryness	___ Burning
___ Runny	___ hearing	___ Bleeding	___ Concentration	___ Pain
___ Watery	___ Pain	___ Stuffy nose	___ problems	___ Swelling
___ Discharge	___ Feeling of	___ Runny nose	___ Sleep	___ Swallowing
___ Blurry vision	___ fluid	___ Clear	___ problems	___ Hoarse
___ Double	___ Infections	___ discharge	___ Fatigue	___ Clearing
___ vision	___ Other	___ Colored	___ Sinusitis	___ Clicking
___ Infections		___ discharge	___ Frequent	___ Large glands
___ Other		___ Poor smell	___ infections	___ Infections
		___ Mouth	___ Other	___ Cough
		___ breathing		___ Bad taste
		___ Polyps		___ Acid taste
		___ Other		___ Bad breath
				___ Other

Check all allergy triggers:

___ Cats ___ Dusting ___ Indoors ___ Smoke ___ Being at Home
 ___ Dogs ___ Cleaning ___ Outdoors ___ Perfume ___ Being at Work
 ___ Horses ___ Cold Air ___ Eating ___ Odors ___ Mornings
 ___ Grass ___ Humidity ___ Alcohol ___ Being Hot ___ Evenings
 ___ Yardwork ___ Wind ___ Exercise ___ Being Cold ___ Nighttime/Lying down

Foods (list): _____ Medication (list): _____ Other: _____

Have you ever been on "immunotherapy" for your symptoms? Yes ___ No ___ Uncertain ___
 ___ Allergy shots ___ Sublingual allergy drops

Treatments you have tried: Please check.

Allergy pills: ___ Loratadine/Claritin/Alavert ___ Cetirizine/Zyrtec ___ Fexofenadine/Allegra
 ___ Benadryl ___ Hydroxyzine ___ Montelukast/Singulair ___ Zafirlukast/Accolate ___ Sudafed
Nose sprays: ___ Fluticasone/Flonase ___ Triamcinolone/Nasacort ___ Flunisolide ___ Nasonex
 ___ Beconase ___ Rhinocort ___ Veramyst ___ Omnaris ___ Qnasl ___ Zetonna ___ Dymista ___ Patanase
 ___ Azelastin (Astelin/Astepro) ___ Afrin ___ Vicks Spray ___ Mucinex ___ Wal-Four ___ Dristan
Saline: ___ Saline Spray ___ NettiPot ___ Neilmed Rinse ___ NasalMist
Eyedrops: ___ Ketotifen(Alaway/Zaditor/Zyrtec or Claritin Eye Drops) ___ Patanol/Pataday ___ Pazeo

__Bepreve __AzelaStine/Optivar __Elestat __Opcon/Naphcon/Visine __Similasan

ADDITIONAL PULMONARY QUESTIONNAIRE: Asthma, COPD/Emphysema, Lung Problems

Onset of Symptoms (age): _____ Do you have daily symptoms: Yes ___ No ___
Timing: Year-Round ___ Seasonal ___ Worse in Spring ___ Summer ___ Fall ___ Winter ___
Is your breathing: Getting worse ___ Getting better ___ Constant ___ Unchanged ___

Check all chest symptoms:

__Asthma __Emphysema/COPD
__Chronic Bronchitis __Bronchiectasis, Diagnosed when? _____
__History of Histoplasmosis, When? ___ __Pulmonary hypertension
__History of Blood Clot/PE, When? ___ __Other: _____
__Cough __Wheeze, Onset: _____ __Cough/Wheeze at Night, Onset: _____
__Cough/Wheeze with Activity __Cough/Wheeze with Laughing
__Chest tightness __Chest Pain __Shortness of Breath __Trouble with Activity
__Woken up by symptoms __Mucus production __Clear ___Colored
__Frequent infections __Pneumonia, How many times? _____ When? _____
__Bronchitis, How many times? _____ When? _____

Check all triggers:

__Cats __Yardwork __Dusting __Indoors __Smoke __Being at Home
__Dogs __Wind __Cleaning __Outdoors __Perfume __Being at Work
__Horses __Exercise __Cold Air __Eating __Odors __Mornings
__Grass __Humidity __Alcohol __Being Hot __Being Cold __Evenings
__Nighttime/Lying down Other: _____ Foods (list): _____ Medication (list): _____

Have you had a chest X-ray? Yes ___ No ___ Chest CT? Yes ___ No ___ Date/result? _____
Have you had lung function testing? Yes ___ No ___ Date/results: _____
Have you ever been on a ventilator? Yes ___ No ___ Admitted to the ICU? Yes ___ No ___
How many times (lifetime) have you been on steroids: _____ Last course of steroids: _____
Have you had a Bone Density test? Yes ___ No ___ Osteopenia/Osteoporosis? Yes ___ No ___
Do you currently use "rescue medicine/albuterol"? Yes ___ No ___ Nebulizer ___ Meter Inhaler ___
times per week you use rescue? _____ Use of rescue at night Yes ___ No ___ # times? _____
Do you have smoke exposure? Yes ___ No ___ Do you have a wood burning stove? Yes ___ No ___
Have you been screened for Alpha-1 Antitrypsin Deficiency (genetic emphysema)? Yes ___ No ___
Would you like a complimentary screening today? Yes ___ No ___

Treatments you have tried: Please check.

Inhalers: __Flovent __Pulmicort __Asmanex __Qvar __Alvesco __Aerospan __Arnuity __Advair
__Dulera __Symbicort __Breo __Foradil __Serevent __Stiverdi __Spiriva __Tudorza __Anoro
__Combivent __Albuterol __Xopenex
Nebulizers: __Brovana __Performist __Budesonide (Pulmicort) __Albuterol __Xopenex
__Duoneb __Ipratropium (Atrovent) __N-Acetylcysteine
Pills: __Singulair __Accolate __Theophylline __Daliresp __Mucinex __Pulmozyme
Other: __Xolair __Oxygen __CPAP __Pulmonary Rehab List: _____

Did they help your breathing? Yes___ No___ Uncertain___ What was most effective?_____

Please answer if you have or your child has ASTHMA:

Do you use a peak flow meter? Yes___ No___ Best peak flow (liters/min):_____

Do you have an Asthma Action Plan? Yes___ No___

Do you want more information about a peak flow meter / Asthma Action Plan? Yes___ No___

ASTHMA CONTROL TEST (12 years and up) *Score <19 suggests that Asthma needs addressed.*

In the past 4 weeks, how much did your asthma keep you from getting as much done at work, school or home?

1. All of the time 2. Most of the time 3. Some of the time 4. A little of the time 5. None of the time

During the past 4 weeks, how often have you had shortness of breath?

1. More than once a day 2. Once a day 3. 3-6 times a week 4. 1-2 times a week 5. Not at all

During the past 4 weeks, how often did your asthma symptoms (wheezing, coughing, shortness of breath, chest tightness or pain) wake you up at night or earlier than usual in the morning?

1. 4 or more nights a week 2. 2-3 nights a week 3. Once a week 4. Once or twice 5. Not at all

During the past 4 weeks, how often have you used your rescue inhaler or neb (such as albuterol)?

1. 3 or more times per day 2. 1-2 times per day 3. 2-3 times per week 4. Once a week or less 5. Not at all

How would you rate your asthma control during the past 4 weeks?

1. Not Controlled 2. Poorly Controlled 3. Somewhat Controlled 4. Well Controlled 5. Completely Controlled

ASTHMA CONTROL TEST (4-11 years) *Score <19 suggests that Asthma needs addressed.*

How is your asthma today? 0. Very bad 1. Bad 2. Good 3. Very good

How much of a problem is your asthma when you run, exercise or play sports?

0. It's a big problem, I can't do what I want to do. 1. It's a problem and I don't like it.
2. It's a little problem but it's okay. 3. It's not a problem.

Do you cough because of your asthma?

0. Yes, all of the time. 1. Yes, most of the time. 2. Yes, some of the time. 3. No, none of the time.

Do you wake up during the night because of your asthma?

0. Yes, all of the time. 1. Yes, most of the time. 2. Yes, some of the time. 3. No, none of the time.

During the last 4 weeks, how many days did your child have any daytime asthma symptoms?

5. Not at all 4. 1-3 days 3. 4-10 days 2. 11-18 days 1. 19-24 days 0. Everyday

During the last 4 weeks, how many days did your child wheeze during the day because of asthma?

5. Not at all 4. 1-3 days 3. 4-10 days 2. 11-18 days 1. 19-24 days 0. Everyday

During the last 4 weeks, how many days did your child wake up during the night due to asthma?

5. Not at all 4. 1-3 days 3. 4-10 days 2. 11-18 days 1. 19-24 days 0. Everyday

Please answer below for Sleep Apnea Screening.

0 = no chance of dozing 1 = slight chance of dozing 2 = moderate chance of dozing 3 = high chance of dozing

Sitting and reading _____

Watching TV _____

Sitting inactive in a public place (e.g a theater or a meeting) _____

As a passenger in a car for an hour without a break _____

Lying down to rest in the afternoon when circumstances permit _____

Sitting and talking to someone _____
Sitting quietly after a lunch without alcohol _____
In a car, while stopped for a few minutes in traffic _____

ADDITIONAL SKIN QUESTIONNAIRE: Eczema, Hives, Swelling/Angioedema, Itch, Rash

When did your rash first start? _____ Age at onset? _____
Where do you have the rash? _____ Where did it first appear? _____
Do you have daily symptoms? Yes ___ No ___ Timing: Year-Round ___ Seasonal ___
Have you had the rash before? Yes ___ No ___ Spring ___ Summer ___ Fall ___ Winter ___
Is your skin/rash: Worse ___ Better ___ Constant ___ Comes & Goes ___ Unchanged ___
Do you have a dermatologist? Yes ___ No ___ Name: _____

What do you think causes your rash? _____
What size are the individual rash spots? _____
Is there any pattern that your rash follows? (Describe) _____
The rash is (describe): _____

ITCHES: Yes ___ No ___ Uncertain ___
BRUISES: Yes ___ No ___ Uncertain ___ Spontaneously ___ After scratching ___
PAINFUL: Yes ___ No ___ Uncertain ___
FEATURES: Flat ___ Raised ___ Blistered ___ With Swelling ___ Red ___ Purple ___
Other _____
DURATION: Minutes to Hours ___ Hours to Days ___ Weeks ___ Months ___
WORSE: In the AM ___ In the PM ___ At Night ___ No Change Day or Night ___
After Eating ___ Which foods? _____
After Drinking Alcohol ___ Which? _____
Around Pets ___ Which? _____
After Exercise ___ After Sweating ___ After Hot Showers ___ With Sun ___
During Cold Weather ___ After Being Cold ___ After Swimming ___
After Yardwork ___ After Housework ___
Outdoors ___ Indoors ___ Home ___ Work ___ School ___ Vacation ___
With Stroking/Rubbing ___ With Tight Clothing ___ With Vibration ___
With Emotional Stress ___ Other _____

Have you had:
Skin Infection / Antibiotics / Anti-fungal? Yes ___ No ___ Which/When? _____
Skin Biopsy? Yes ___ No ___ Results: _____
Skin Sensitivity? Fragrance ___ Metals ___ Sulfates ___ Parabens ___ Formaldehyde ___
Wool ___ Latex ___ Rubber ___ Adhesive ___ Neomycin ___ Benzalk ___ Other _____
Travel Abroad just before the rash started? Yes ___ No ___ Where/When? _____
New Medicines just before the rash started? Yes ___ No ___ Which/When? _____
Discontinuation of any medicines? No ___ Yes ___ Which? _____ How long? _____
Have you been evaluated for food allergy? Yes ___ No ___ Which/When? _____
Have you had any of the following symptoms associated with your rash?
Excessive sweating ___ Diarrhea ___ Headaches ___ Abdominal cramps ___ Fever ___
Muscle pains ___ Joint swelling ___ Joint pain/stiffness ___ Fatigue ___ Other _____

What other skin conditions have you had? List: _____
Eczema / Atopic Dermatitis ___ Diagnosed when? _____ Contact Dermatitis ___
Hives / Angioedema ___ Seborrheic Dermatitis ___ Vitiligo ___ Alopecia ___ Lupus ___

ADDITIONAL SKIN QUESTIONNAIRE (Page 2)

Skin Care

What medications have you used to control your rash?

ORAL STEROIDS No ___ Yes ___ How many times? _____ When? _____

1. _____ Effective ___ Not effective ___ Currently Using ___
2. _____ Effective ___ Not effective ___ Currently Using ___

ORAL IMMUNOSUPPRESSANTS No ___ Yes ___ When? _____

1. _____ Effective ___ Not effective ___ Currently Using ___
2. _____ Effective ___ Not effective ___ Currently Using ___

TOPICAL MEDICATED CREAMS No ___ Yes ___

1. _____ Effective ___ Not effective ___ Currently Using ___
2. _____ Effective ___ Not effective ___ Currently Using ___
3. _____ Effective ___ Not effective ___ Currently Using ___
4. _____ Effective ___ Not effective ___ Currently Using ___

ORAL ANTI-HISTAMINES / ANTI-ITCH No ___ Yes ___

1. _____ Effective ___ Not effective ___ Currently Using ___
2. _____ Effective ___ Not effective ___ Currently Using ___
3. _____ Effective ___ Not effective ___ Currently Using ___
4. _____ Effective ___ Not effective ___ Currently Using ___

MOISTURIZERS? No ___ Yes ___

1. _____ Effective ___ Not effective ___ Currently Using ___
2. _____ Effective ___ Not effective ___ Currently Using ___
3. _____ Effective ___ Not effective ___ Currently Using ___
4. _____ Effective ___ Not effective ___ Currently Using ___

List if Applicable:

Shampoo _____ Conditioner _____
Soap _____ Body Wash _____
Bubble Bath _____ Diaper _____
Dish Soap _____ Rinsing Agent _____
Laundry Soap _____ Fabric Softener _____
Make-up _____ After-Shave _____
Deoderant _____ Fragrance/Cologne _____
Soap At Work _____ Air Fresheners _____
Other Chemical Exposures _____

Hobbies that might exposure you to chemicals or allergens (electronics, construction, jewelry, etc):

ADDITIONAL QUESTIONNAIRE: Food allergy and digestive problems

Onset of Symptoms (age): _____ Do you have daily symptoms: Yes ___ No ___

If you are an adult, did you have food allergies as a child? Yes ___ No ___ Unsure ___

Do you have Eosinophilic Esophagitis? Yes ___ No ___ Unsure ___

Do you have Food-Induced Eczema? Yes ___ No ___ Unsure ___

Do you have Food-Induced Allergy/Congestion/Asthma? Yes ___ No ___ Unsure ___

Timing: Year-Round ___ Seasonal ___ Worse in Spring ___ Summer ___ Fall ___ Winter ___

Are your problems: Getting worse ___ Getting better ___ Constant ___ Past ___

Food Allergy:

Symptoms associated:

Skin Hives ___ Swelling ___ Rash ___ Eczema ___

Head/Mouth Runny Nose ___ Itchy Eyes ___ Congestion ___ Throat Clearing ___

Tongue Swelling ___ Mouth Sores ___ Mouth/Throat Itchy ___ Headache ___

Fogginess ___ Poor Concentration ___ Hyperactive ___ Sleepy/Tired ___

Breathing Chest Tightness ___ Cough ___ Wheezing ___ Aspiration ___

Vascular Dizziness ___ Fainting ___ Low Blood Pressure ___ Heart Racing ___

GI Nausea ___ Vomiting ___ Acid Reflux ___ Diarrhea ___ Constipation ___ Bloating ___

Belching ___ Flatulence ___ Abdominal Pain/Cramping ___ Choking ___

Food Getting Stuck ___ Pain on Swallowing ___ Slow-eater ___ Slow-Chewer ___

Joints Joint Swelling ___ Joint Pain ___ Extremity Swelling ___

Suspected Food: _____ Date/Age: _____ Reaction: _____

Suspected Food: _____ Date/Age: _____ Reaction: _____

Suspected Food: _____ Date/Age: _____ Reaction: _____

I have a diagnosed food allergy. Yes ___ No ___ Diagnosed when? _____

How? Blood Test ___ Skin Test ___ Other _____ By Who? _____

1. Food: _____ Date/Age: _____ Reaction: _____

2. Food: _____ Date/Age: _____ Reaction: _____

3. Food: _____ Date/Age: _____ Reaction: _____

4. Food: _____ Date/Age: _____ Reaction: _____

Do you/your child have a Food Anaphylaxis Action Plan? Yes ___ No ___ Need one? Yes ___ No ___

Do you have emergency EPINEPHRINE (EpiPen, EpiPen Jr, AuviQ, Adrenaclick)? Yes ___ No ___

Have you ever used or received epinephrine? Yes ___ No ___ When? _____

Have you ever visited the ER for an allergic reaction? Yes ___ No ___ When? _____

Have you ever been hospitalized for an allergic reaction? Yes ___ No ___ When? _____

Are you taking a BETA BLOCKER or ACE-INHIBITOR category of medicine?

Yes ___ No ___ (These types of medicines sometimes interfere with Epinephrine).

ADDITIONAL QUESTIONNAIRE: Drug / Insect / Vaccine and Other Allergy problems

Onset of Symptoms (age): _____ Do you have daily symptoms: Yes ___ No ___
Timing: Year-Round ___ Seasonal ___ Worse in Spring ___ Summer ___ Fall ___ Winter ___
Are your problems: Getting worse ___ Getting better ___ Constant ___ Past ___

Tell Us About the Problem:

Drug Allergy: (Include Vaccines, Anaesthetics, Contrast Dye)

Do you have an Aspirin allergy? Yes ___ No ___ Unsure ___
Do you have a Nonsteroidal Agent (NSAID) allergy? Yes ___ No ___ Unsure ___

- 1. Drug: _____ Date/Age: _____ Reaction: _____
- 2. Drug: _____ Date/Age: _____ Reaction: _____
- 3. Drug: _____ Date/Age: _____ Reaction: _____
- 4. Drug: _____ Date/Age: _____ Reaction: _____
- 5. Drug: _____ Date/Age: _____ Reaction: _____
- 6. Drug: _____ Date/Age: _____ Reaction: _____
- 7. Drug: _____ Date/Age: _____ Reaction: _____
- 8. Drug: _____ Date/Age: _____ Reaction: _____
- 9. Drug: _____ Date/Age: _____ Reaction: _____
- 10. Drug: _____ Date/Age: _____ Reaction: _____

Insect Allergy:

Have you ever had a large or "life threatening" reaction to a stinging insect? Yes ___ No ___
Date _____ Suspected insect _____ Reaction _____

Do you have emergency EPINEPHRINE (EpiPen, EpiPen Jr, AuviQ, Adrenaclick)? Yes ___ No ___
Have you ever used or received epinephrine? Yes ___ No ___ When? _____
Have you ever visited the ER for an allergic reaction? Yes ___ No ___ When? _____
Have you ever been hospitalized for an allergic reaction? Yes ___ No ___ When? _____
Are you taking a BETA BLOCKER or ACE-INHIBITOR category of medicine?
Yes ___ No ___ (These types of medicines sometimes interfere with Epinephrine).

ADDITIONAL QUESTIONNAIRE: Immune problems

Onset of Symptoms (age): _____ Do you have daily symptoms: Yes ___ No ___
Timing: Year-Round ___ Seasonal ___ Worse in Spring ___ Summer ___ Fall ___ Winter ___
Are your problems: Getting worse ___ Getting better ___ Constant ___ Past ___

Immunology Evaluation:

Have you ever been diagnosed with a primary immunodeficiency? No ___ Yes ___
Describe: _____

Have any family members ever been diagnosed with an immunodeficiency? No ___ Yes ___
Describe: _____

Have you ever been diagnosed with any of the following:
Pneumonia ___ Meningitis ___ Osteomyelitis ___ Sepsis ___ Recurrent UTI ___
Bronchiectasis ___ Chronic Bronchitis ___
Neutropenia ___ Low Platelets ___ Recurrent Pharyngitis ___
Persistent Lymph Nodes/Swollen Glands ___ Delayed Umbilical Cord Separation ___
Severe Skin Infection ___ Abscesses ___
Cystic Fibrosis ___ Complement deficiency ___ IgA deficiency ___ HIV ___ AIDS ___
Antibody deficiency ___ Common Variable Immunodeficiency ___ Other: _____

How many times have you had pneumonia? _____ How many per year? _____

How many sinus infections have you had in your life? _____ How many per year? _____

How many ear infections have you had in your life? _____ How many per year? _____

How many throat infections have you had in your life? _____ How many per year? _____

Have you ever been evaluated for primary immunodeficiency? Yes ___ No ___

Have you ever been tested for HIV? Yes ___ No ___ If "yes", last date and result: _____

Have you ever received intravenous immunoglobulin (IVIG) or subcutaneous IG?

Have you ever received allergy shots or allergy drops? (Known as subcutaneous immunotherapy, SCIT, or sublingual immunotherapy, known as SLIT)? No ___ Yes ___

Describe: _____